

Microlax Enema Procedure

Preparation

Patients having a prostate MRI examination need to have an empty bladder and no gas in the rectum. This helps us generate the highest quality images. This is why you will be asked to empty your bladder and use a Micolette Micro-enema before the scan.

What is a Micolette Micro-enema?

The Micro-enema is a fast-acting agent which works to soften bowel motions and decrease air in the rectum without irritating the lining of the bowel.

How to use Micro-enema

1. Our MRI team will provide you with the Micro-enema and then direct you to the patient toilet.
2. **Please EMPTY your Bladder.**
3. Twist off the cap and squeeze a drop of the solution out of the tube. This will make it easier to insert the tip of the tube.
4. Sit down on the toilet in your usual position and insert the neck of the tube completely into your rectum. The small, rounded tip is thinner than a suppository and can be inserted safely and painlessly when used as directed.
5. Gently squeeze the entire contents of the tube (which is only 5ml) into the rectum.
6. Keeping the tube squeezed tightly, withdraw the tip from the rectum. Tighten your buttock muscles to prevent the solution from running out.

Important - To allow the stool to soften, it is important not to have a bowel movement immediately, even though you may feel the urge.

It is preferable for you to empty your bowels after the scan if required.

7. Please dispose of the empty tube in the bin – do not flush it down the toilet.

Need More information?

Please speak with our staff should you have any concerns or require any further information.